



YOUTH CLINIC

VOLLEYBALL

FOR AGES 7 - 14 YEARS

Saturday, August 22, 2026 ★ 3 pm - 6 pm

Clinic will Cover the Following:

Serving • Bumping
Teamwork • Scrimmages

15 Spots Available | \$25 per player

Clinic Volleyball Coach Valerie is a positive, high-energy, fundamentals-driven club volleyball coach who is passionate about helping athletes build confidence and compete boldly with strong sportsmanship. A volleyball alumna with extensive coaching experience through San Antonio Parks & Recreation, district programs, and club development, she is also a mother of athletes, parent volunteer, and active recreational player. Valerie works with elementary and middle school athletes, focusing on skill progression, high-rep drills, proper technique, and developing game IQ. She values disciplined training, team accountability, and a supportive culture that prepares athletes for competitive play, tournaments, and future school and higher-level volleyball opportunities.

Register at Centro Fitness: 3800 Commercial Avenue • 210-334-3800